



HEALTH AND SAFETY PRACTICES FOR MEADOWBROOK SUMMER PROGRAMS

MASKS AT CAMP

All campers enrolled in Meadowbrook Summer Programs will be required to wear disposable surgical grade masks when indoors and outdoors when unable to be physically distant. Cloth masks are not acceptable for camp. We know that quality filtration and good mask fit is vital in stopping the spread of COVID-19. Each camper should wear one mask to camp and have 2 or 3 extras in their backpack each day in case masks become wet or soiled throughout the day. [We recommend these from Blue Bear](#), but there are other equally-good vendors. When purchasing masks, be sure that both the fit and the quality of the material are excellent. Masks will also be available at camp should a camper need one.

Mask fit is important!



DAILY HEALTH SCREENINGS

Please STAY HOME if you have any of the symptoms listed.

Below is the full list of symptoms for which parents/guardians should monitor their children, and staff should monitor themselves:

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills (CDC has lowered the temperature from 100.4 to 100.0)
- Cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache *when in combination with other symptoms*

- Muscle aches or body aches
- Nausea, vomiting, or diarrhea
- Fatigue, when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes, such as allergies) *when in combination with other symptoms*

Each camper and staff member at Meadowbrook Summer Programs will need to complete a daily wellness screening in order to help prevent the potential spread of COVID-19 on our campus.

Families will receive a welcome letter email with sign-in instructions directly from SchoolPass this week. Please be sure to set up your profile completely by the end of June. We recommend you try out the Wellness Screening when coming to campus for your prepopulation testing.

These daily screening checks must be completed before your camper(s) arrive on campus.

Families must complete the daily wellness screening by 7:30 a.m. each camp day.

A reminder will be sent via text or email 5 minutes after the screening is due if the screening has not been completed. Camp personnel will be notified of any camper who arrives on campus without having completed the daily wellness status. These campers will be asked to remain in their vehicles until the wellness status is completed and no symptoms are reported.

If you answer yes to any of the screening questions for your camper(s), we are requiring that they stay home that day. The camp nurse will follow up on any absences to assess symptoms and recommend the next step in clearing that camper(s) for reentry back to camp.

We must all follow these protocols to help mitigate the potential spread of COVID-19 and to keep Meadowbrook Summer Programs a safe place for all.

COVID TESTING INFORMATION

All campers attending the Meadowbrook Summer Programs will be required to have a negative COVID-19 PCR test before the start of camp on July 6th or July 26th.

COVID Pre-population testing for all campers will be held on:

Friday, July 2nd from 9:00 am to 12:00 pm for campers entering
Session A

Friday, July 23rd from 10:00 am to 1:00 pm and 4:00 pm to 6:00 pm for new campers entering Session B

All families will receive two important documents from Meadowbrook Summer Programs for their campers to participate in our COVID Testing program on campus. This will include a Testing consent via DocuSign and a Google Form to provide Health Screening information. **These forms must be completed prior to June 29th.** This PCR test will be administered by EMTs from Cataldo Ambulance Service and the camp nursing staff. The test is an anterior nasal swab. Staff and campers who are comfortable will be allowed to self swab. These tests will be sent to CIC Health in Cambridge and the Broad Institute at MIT for processing.

Please see the the linked Fact Sheet for the COVID - 19 PCR test:

<https://staff.labpass.com/816eff4376600c6020dc90156ec66dfb.pdf>

COVID test results will only be reported to families if there is a positive result. Meadowbrook Summer Programs must report any positive COVID test results to the Weston Department of Health and our consulting physician, Dr. Rose Dieffenbach.

Ongoing surveillance testing will continue during both sessions. Campers and staff members will participate in twice weekly BinaxNow antigen tests via anterior nasal swab (the same swab as the pre-population testing). These results will be available 15 minutes after the test is administered. Any staff or camper with a positive result will be immediately isolated in our nurse's area, Parents of the positive camper will be notified and asked to pick up the camper as soon as possible. In the case of a staff

member testing positive they will be asked to leave campus and isolate at home. A PCR test will also be performed on the positive case to confirm the results of the antigen test. Contact tracing will begin after the confirmatory PCR result.

PHYSICAL DISTANCING AND COHORTS

Campers and staff will be physically distanced at 6ft at all times during the camp day when possible and must distance by at least 3 ft at all other times. Seats will be spaced 6ft apart at activities, spaces indoors will have clearly marked spots on the floor to remind campers to stand or sit distanced and counselors will be vigilant in reminding campers to keep distance between each other.

Staff and campers will be assigned cohorts during the camp day. Cohorts will not mix throughout the day. If cohorts are present in the same space a distance of 6 ft will be adhered to between cohorts. Specialty counselors who provide supervision of a specialized activity such as swimming, archery, arts and crafts, etc. may see multiple cohorts throughout the day to provide programming and will follow recommended safety practices.

HAND HYGIENE AND ADDITIONAL CLEANING SERVICES

Additional handwashing stations, hand sanitizing stations, touchless and metered faucets have been added throughout the campus. Campers and staff will be asked to wash hands at arrival to camp each morning, before and after eating, entering and exiting both indoor and outdoor spaces, when donning and doffing masks and when using the restrooms. The facilities staff at Meadowbrook will clean high touch surfaces throughout the day and will be using an electrostatic sprayer to sanitize objects and surfaces when necessary. It will be our goal to provide individual materials for each camper at activities when possible to minimize the sharing of high-touch materials and when shared materials are necessary, cleaning will happen between cohort use.

We will teach and train the campers and staff on the 3 W's and ask you to talk to your children at home about the 3 W's before they return to camp. You should practice each of them too!

Wash Your Hands



Wear a Mask



Watch Your Distance

